



Food Toys !

Food toys are a great way to keep your dog engaged and 'earn a meal'. Whether store bought or homemade, as long as your dog enjoys the game and the toys are safe, it's a win-win for everyone.

While kibble is the first choice to use in food toys, there are recipes with other ideas. If you have the interest, consider stuffing the toys with special goodies from time-to-time. But be thoughtful of the quality of the food you use and if its safe for your dog to eat. We recommend this article from the American Society for the Prevention of Cruelty to Animals (ASPCA):

<https://www.asPCA.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets>

Video: Kongs for Beginners

by eileenanddogs

<https://www.youtube.com/watch?v=0EuY98sRPb8&t=37s>

Perfect video for a dog who has never seen a food toy before.

Video: Work to Eat- Kong Stuffing, Food Toys and DIY Puzzles for Enrichment

by Atta Pup!

<https://www.youtube.com/watch?v=rtgROnCTrTo>

This video covers all types of food toys – fun ideas!

Video: How to Use a Kong Dog Toy - 90% of Behavior Problems Eliminated

by Ian Stone with Simpawtico Dog Training

<https://www.youtube.com/watch?v=LwZl1isnvPQ>

Great overview to food toys and how to use.

Ideas for Stuffing Food Toys / Kongs – these are just a few of many, many ideas:

San Francisco SPCA: <https://www.sfsPCA.org/resource/kong-stuffing/>

Kong: <https://www.kongcompany.com/lets-play/recipes/>

Please remember, all toys can be dangerous under some conditions. This toy was only used once for 3 minutes. The dog found chewing the toy more enjoyable than the goodies inside.

Take your time and show your furkid how to use a food toy correctly and be patient as he/she learns.

