Top 10 Ways to Keep Your Dog Young and Energetic

Young and Energetic

Take time to examine your pet. Feel him or her for masses and indications of weight loss or loss of musculature.

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Take time to examine your pet. Feel him or her for masses and indications of weight los 1. Know When Your Pet is Old. The time when your dog is

2. Wellness Exams. When your pet is considered a senior, you should bring your dog for regular geriatric examinations. These examinations help identify early diseases or problems in older pets. Exams should include a history and physical examination with evaluation of the teeth, listening to the heart and lungs (by stethoscope), abdominal palpation (feeling of the abdomen) and inspection of your dog's ear and eyes. Weight monitoring, parasite check (fecal examination) and blood work and urine tests are also often recommended. Other tests may be indicated depending on your pet's symptoms.

3. Watch for Illness. Careful observation at home is extremely important. By nature of survival, dogs are very

tions or concerns about your pet, play it safe and have him or her evaluated by your veterinarian. Early diagnosis is vital to the success of treatment.

4. Weight Control. Obese dogs have shorter life spans than non-obese dogs. Obesity may lead to a number of health

problems. Excess weight puts excess stress on your dog's heart. When the heart doesn't function properly, other organs may suffer including the brain, lungs, liver and kidneys. Over time, these problems may become severe enough to cause life-threatening conditions.

5. Keep Close Tabs. In general, outdoor free roaming dogs have shorter lives than indoor animals. Infectious diseases, poisonings and trauma are common killers. Senior

Continued to Page 6



Napa Valley Dog Training Club (707) 253-8666

Clubhouse: 68 Coombs St., Bldg N Mailing Address: P.O. Box 4097, Napa CA

GUEST SPEAKER!

Join us on April 12th!

Kaye Hall will talk about search and rescue after the general meeting.

See page 7.

MAY MADNESS!

Join us on May 10th!

At May's General Meeting, members are invited to bring their favorite pooch to participate in lots of fun games and dog dancing too!

Officers

Board Members

President: Mary Ash Vice President: Sandy Bonifield Treasurer: Lori Jackson

Secretary: Sue Osborn Past President: Laura Ecklin Janet Davis

Gerry Glantz

Lynda Rhyno

Teresa Russell

Monthly membership meetings are the second Monday of the month at the clubhouse.

Deadline for newsletter submissions is the 20th of each month.



TRAINING SESSIONS

Subject to Change

To view the 2010 schedule on a full year calendar, visit the classes page on the napadogtraining.org website.

Session 3 ~ 2010

Apr. 26, 2010 through June. 11, 2010

Week off between sessions 2 & 3: April. 19-23

	Monday	
5:30 p.m.	Conformation	Michelle
7:00 p.m.	Competition Obedience	Teresa
	Tuesday	
11:00 a.m.	Puppy	Mary
5:00 p.m.	Good Manners I	Lea w/Lynda
6:00 p.m.	Puppy	Lea w/Lynda
7:00 p.m.	Good Manners I	Marilane
8:00 p.m.	Good Manners II	Teresa
	Wednesday	
9:00 a.m.	TBA	Marlene
10:00 a.m.	Good Manners I	Marlene
11:00 a.m.	Good Manners II	Marlene
6:00 p.m.	Agility Advanced	Katherine
7:00 p.m.	Agility Intermediate	Joy
8:00 p.m.	Jumpers 2	Joy
	Thursday	
10:00 a.m.	Rally	Mary
11:00 a.m.	Rally	Mary
5:00 p.m.	Rally	Mary
6:00 p.m.	Rally	Mary
7:00 p.m.	Rally	Mary
8:00 p.m.	Rally	Mary
	Friday	
5:30 p.m.	Canine Good Citizen	Marlene
6:30 p.m.	Good Manners 1	Teresa
7:30 p.m.	Puppy	Teresa



Class Fees (7-weeks):
Members* & Non-Members \$115
Senior/Jr/Rescue: \$100

All sessions run 7 weeks, one time per week at the day & time shown for 50 minutes.

Please call the club at 707-253-8666 to check class availability and to register.

TRAINING SCHEDULE FOR 2010

Session 2: March 1 — April 16, 2010 Session 3: April 26 — June 11, 2010

Session 4: June 28 — August 13, 2010

Session 5: August 23 — October 8, 2010

Session 6: October 18 — December 10, 2010

13th ANNUAL TRACKING TEST HELD MARCH 14th

By Debbie Crain



Our TDX test went well again this year. The test was the weekend of March 13th and 14th. The weather was wonderful. Friday had lots of rain so everything was moist on Sunday: perfect scenting conditions. Both Saturday and Sunday were clear so we had nice weather for us humans to be outside plotting and laying tracks without the bother of all that rain gear. My test committee did a really great job this year. Thanks so much Gerry Glantz, Linda Wargo, Linda Kennard, Margie Vulk and Nadean Bissiri. I was able to concentrate on my duties as chief tracklayer and didn't have to think about anything else. The tracking test has a capacity of 4 entrants with the possibility of a 5th if the alternate track is not needed on testing day. Sadly this year we only had 2 entrants. The 2 weekends before the closing date had some dogs passing at other tests and therefore not entering our test. Some people in the tracking community think that it's difficult to pass a test in our beautiful forest up at Las Posadas and are afraid to enter. We are considering trying to find a different site for our test. Our judges, Kaye Hall and Ron Simmons, did a great job of plotting some very nice tracks with the assistance of tracklayers Barbara Niemann, Linda Wargo, Linda Kennard, Margie Vulk and a few more members of the

tracking community who are not club members. I'd like to thank Kaye Hall for not charging a judges fee. I'd also like to thank Ron Simmons who also decided not to charge a judges fee (even though his contract stated a fee of \$100) due to the low number of entries. His only charge to the club was for mileage on Sunday even though he drove up on both Saturday and Sunday. Our two entrants did a really nice job on their tracks, but each ran into some difficulty and did not pass. The first dog, a Rhodesian Ridgeback, decided that the first set of crosstracks were more interesting than the track and was failed at that point. After being put back on the track he did a really nice job. Our second entrant, a Border Collie, was tracking very well. He ignored the first crosstrack, found his intermediate article, but then had trouble with one of the obstacles (the road crossing). He was failed at this point, but also did well on the rest of the track. I'm sure that both of these dogs will do well at a test in the near future. This was the club's 13th TDX test and my 15th year as chief tracklayer and committee head. I'm planning on retiring my position this year and I hope that someone else will step up to fill my shoes. I'd be glad to offer any help my replacement would need and would like to lay track for future tests.











WEB LINKS OF INTEREST

New Finding Puts Origins of Dogs in Middle East from the NY Times:

New information indicates dogs may have been domesticated from wolves in the Middle East (rather than in East Asia as previously suggested) some 10,000 years ago. Read more by visiting:

http://www.nytimes.com/2010/03/18/science/18dogs.html

Check out the NEW Associated Obedience Clubs of Northern California (AOCNC) website: Easier to navigate and user friendly:

http://aocnc.org/

HINT:

You don't have to type these links in. This newsletter is available as a PDF on the club's website. Each link in the PDF of the newsletter is clickable.

Information on SB 1277- Introduced 2/19 Florez, Lifetime Registry for Animal Abusers

Taxes pet food, proceeds of which will be used to create and administer a web site listing any person over 18 living or residing in California who has been convicted of an animal cruelty felony.

http://info.sen.ca.gov/cgi-bin/postquery?bill_number=sb_1277&sess=PREV&house=B&site=sen

3/08/10 NVDTC General Membership Meeting Minutes

I. CALL TO ORDER

- A. Mary Ash, President, called meeting to order at 6:31 p.m.
- B. Board members present: Mary Ash, Sandra Bonifield, Laura Ecklin, Gerry Glantz, Lori Jackson, Sue Osborn, Teresa Russell, and Lynda Rhyno. Absent: Janet Davis.
- **II. MINUTES**—M/S/C to accept minutes from the February 8, 2010 general meeting as published in the March newsletter.

III. TREASURER'S REPORT, Lori Jackson

- A. Checking: \$12,896,90 B. Money Market: \$8,944.11
- C. CD: \$11,552.31; \$50.39 accrued interest to be added.
- D. M/S/C to accept Treasurer's report.

IV. PRESIDENT'S REPORT

The club received a nice thank you letter from Judie Howard about our excellent facility, how the sound system held up very well, how everyone pitched in to clean up and put away equipment, and that the committee was very efficient and helpful!

V. COMMITTEE REPORTS

- A. SPEAKERS, Sandy Bonifield
 - 1. Jim Spiva is giving a short presentation on spray deterrents tonight.
 - 2. Kaye Hall will speak in April on Search and Rescue or Tracking.
 - 3. Notify Sandy if you have suggestions for future speakers.
- B. WEBSITE/NEWSLETTER, Sue Osborn

New entry forms and premiums have just been added to site.

C. OFFICE, Lynda Rhyno

Office is staffed Tuesday to Friday; all is going smoothly.

- D. TRAINING, Teresa Russell
 - 1. A training meeting was held on February 24.
 - 2. Minutes will be posted on website.
 - 3. Training committee is recommending to board that Beth Schutz be made a provisional assistant for Puppy & Good Manners 1.
 - 4. Lynda Rhyno is starting as a provisional instructor for Puppy and Good Manners 1, Session 2.
 - 5. Anyone interested in becoming a trainer or an assistant, let Teresa or someone on the board know.
 - 6. There are a few class openings on Friday otherwise classes are full for session two.
 - 7. Training committee is looking into starting a new class for AKC's S.T.A.R. Puppy Program. This will be an interim class between Puppy and Good Manners 1. Dogs must be less than a year or close when finishing a seven-week S.T.A.R. class.
- E. PUBLICITY, Janet Davis

NVDTC was in the NV Register's Community Calendar. People are finding NVDTC through the newspaper and also from the Silverado open house held last fall.

- F. BUILDING, Gerry Glantz
 - 1. Report form will be on clipboard in office: if anyone

- runs across a problem, add to list. Include date and brief description of problem and your name. If you place a call to Gerry, write date called and whether or not Gerry was reached. Indicate if a message was left. Gerry will contact someone to take care of problems.
- 2. Hooks for agility equipment repairs (up to \$100) to be taken care of by Rich Smith as approved at last board meeting.
- 3. Mary Ash will speak to Ross again about the lights that are still out by the office.
- G. AOCNC, Gerry Glantz
 - 1. The February AOCNC workshop was successful.
 - 2. AOCNC is now planning the June Interclub Competition, which will consist of both rally and obedience.

H. HOSPITALITY

Thank you to Lynda Rhyno for tonight's goodies! Marlene Soldavini and Anita Boyce volunteered to provide hospitality for April.

I. SUNSHINE-No Report.

VI. OLD BUSIESS

NVDTC TRACKING TEST will be held on March 14, 2010. Due to weather, entries are down this year with only two teams entered.

VII. NEW BUSINESS

A. 2010 Year End Banquet

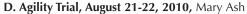
A poll was taken for interest only in having a luncheon instead of a dinner for the 2010 year end banquet; actual decision will be left to committee.

B. NVDTC 2010 Obedience-Rally Trial

- 1. To be held November 6, 2010 at Vallejo Fairgrounds
- Trial to be held same weekend as Vallejo Dog Training Club's trial.
- 3.NVDTC will be able to work with VDTC on judges, equipment and premium.
- 4. There will be both AM and PM trials same as for 2009.
- 5. In order to secure McCormick Hall to hold the event on this date an immediate decision was needed by board. Event venue and date was approved at last board meeting.
- 6. Mary Ash, Sandy Bonifield, and Gerry Glantz will meet with Vallejo club to arrange judges, setting up and taking down, and other details.
- 7. Mary Ash will look into whether or not there will be a raffle.

C. June Rally/Obedience Match

- 1. With the June 26 date now available, Joy Wood will chair a rally/obedience match in place of the obedience rally trial.
- 2. Will need a lot of help from club members.
- 3. A great outlet for students to work outdoors.
- 4. Will be advertised and open to all clubs
- 5. Match location will be at Napa Valley PSI.



- 1. Nothing to report since Lorie Abbot does most of the behind the scenes work.
- 2. A lot of help by members needed; there was not enough help last year.
- 3. Trial will be held at Dixon Fairgrounds.
- 4. Raffle—it is never too early to bring in raffle prizes; a raffle box is located at the club, items do not have to be dog related.

E. May Madness

Teresa Russell will chair a fun dog event at the May General Meeting for members' dogs to participate in.

VIII. WELCOME TO NEW MEMBER!

Marjorie Vulk was voted in as a new member. She has a Corgi named Rosie.

IX. BRAGS: Stephen ward, Christie Rose, Dee McNeil, Lynda Rhyno, Frances Harvy, Mary Ash, and Diane Parness.

X. MEETING ADJOURNED at 7:50 p.m after an informative talk by Jim Spiva on spray deterrents.

Respectfully submitted by Sue Osborn, Secretary







Welcome to new member, Marjorie Vulk!

From Page 1

dogs have decreased reflexes and may not see and hear as well as they used to. This makes them vulnerable to outside dangers such as predators or cars. Keep dogs on leashes or in fenced-in yards.

- 6. Monitor Your Environment. Keep poisons up and out of your dog's reach. Common toxins include antifreeze, rat poison and slug bait. Keep trash out of reach. Don't count on your pet to know better. It doesn't take a large amount of a dangerous substance to make your dog seriously ill.
- 7. Nutrition. Feed your pet a premium high quality diet supplements. Feed low fat and high fiber foods since high fat and/or low fiber foods are thought to decrease life expectancy. Minimize treats and make them nutritious and low in calories. Air-popped popcorn is often a good treat for dogs. With your veterinarian, you should discuss the merits of a diet formulation for your senior dog.
- Exercise. Exercise helps to maintain a healthy body weight, strengthens joints and muscles and provides mental stimulation for your dog.
- 9. Spay and Neuter. Spayed and neutered dogs tend to have

fewer health problems. Spaying is the removal of the ovaries and uterus. Without these organs, ovarian cysts, uterine infections and cancer of the reproductive tract are no longer a concern. Studies have shown that dogs spayed before puberty have a significantly lower chance of developing breast cancer than unspayed dogs, or dogs spayed later in life. Health problems that can be associated with birthing are also eliminated with spaying. Neutering is the removal of the testicles. Without these organs, testicular cancer is no longer a concern and the risk of prostate problems is reduced. In addition, the desire to wander is diminished, which lowers the chance of your dog running away and suffering trauma, such as being hit by a car.

10. Mental Stimulation. Provide your pet with toys, games and quality time. Most pets are never too old to play. Encourage mental stimulation. It is never too late to teach old dogs new tricks.

Follow these top 10 tips, and you'll keep your dog perpetually young.

For upcoming trials/shows go to nvdtc.org/events

Also visit www.infodog.com, www.nadac.com, www.k9wag.com, and www.k9cpe.com for information on conformation shows, obedience and agility trials, tracking tests, field trials, etc.

PET FIRST AID CLASS - April 24th

A Partnership of Napa Humane and SPEC (Solano-Napa Pet Emergency Clinic)

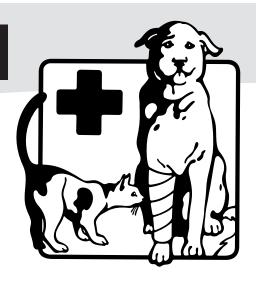
Saturday, April 24, 2010

TWO SESSIONS 10:00 a.m. to 12:00 p.m. or 1:00 p.m. to 3:00 p.m.

Silverado Resort 1600 Atlas Peak Road, Napa, CA

Napa Humane and SPEC (Solano-Napa Pet Emergency Clinic) are sponsoring "Pet First Aid." The class, taught by Dr. Jim Clark, is designed to protect both pet owners and their pets from further harm, injury, or suffering during emergencies by teaching prompt, effective actions and care that will safeguard the life of an injured or ill pet.

Participants will learn when and where to call for help, how to apply first aid techniques, and learn emergency actions steps that can be used in almost any emergency.



REGISTRATION:

Pre-registration is required. Course fee is \$25 donation per participant, which includes the class and all materials. Register by calling 707-255-8118 x202 or on-line at www.napahumane.org.

CONTACT INFORMATION:

Wendi Piscia, Program Administrator, Napa Humane
• 707.255.8118 x202
www.napahumane.org

Interesting Dog Facts

How fast can a dog run?

A dog can run up to nineteen miles per hour when running at full speed., but the members of the greyhound family are the fastest, they can run up to 42 miles per hour.

Dogs licking

Dogs have many strange habits. One is the tendency to lick their most private parts. Even though this sounds perverse, it serves an important purpose. The dog's genitourinary tract will not function without the stimulation that comes from frequent licking.

Feeding tip

Dogs that are fed a regulator diet of dried dog food are often thirstier than those fed canned or moist foods. This is because there is less liquid in the dry dog food. If you feed your dog strictly dry food, make sure he/she has plenty of clean fresh water.

Why do dogs howl?

Dogs that are left alone for long periods howl because they are lonely. The purpose of the howl in the wild, is to gather the pack so that they can face impending danger together. The group howl is also a type of bonding experience.

Dogs in the rain

Dogs often hesitate before going out in the rain. It's not because they're afraid of getting wet, but because the rain amplifies sound and hurts their sensitive ears.

A dog's nose

A dog's nose works 1 million times more efficiently than the human nose. Some dogs have better noses than others. Some dogs have the ability to sniff out suitcases filled with drugs.

Why does a pointer dog point?

This comes from the wolf, of which the dog is a direct descendant. When the lead wolf in a pack smells its prey, it freezes and points itself in the direction of the scent. This give the other member in the pack a chance to pick up the scent. There is a pause before they are all in unison; it is this wolf pause that the pointer dog is imitating.

Dogs love to be loved

The touch of the human hand improves the functions of virtually all the sustaining systems: respiratory, circulatory, digestive and so on. In new born puppies. A frequently petted puppy is not only healthier and happier, but also better behaved. Dogs like humans, find solace in touching another living being, which is another reason why they get along so well together.

Guest Speaker, Kaye Hall: Search and Rescue

After the April 12th general meeting, Kaye will speak about search and rescue.



Kaye Hall loves the outdoors and loves dogs, so volunteer work with a search and rescue trailing companion is a perfect fit. Kaye and her Belgian Sheepdog, Julot are certified by the California Rescue Dog Association to respond to rescue calls for missing persons statewide; and are also part of the Napa County Sheriff's Search and Rescue Team. Even after certification as

volunteers—the time, training, money and equipment to keep her and Julot's skills and physical conditions mission ready is Kaye's responsibility. Her background of teaching the sport of tracking and judging the sport for the American Kennel Club was useful in preparing her for the serious life and death searches in which she and Julot now assist.

Kaye has presented demonstrations in the Napa schools on outdoor safety. These experiences made her realize something else that puts persons at further risk—fear and fatigue. She devel-

oped the acronym
S.A.F.E.R. to help children remember even when tired or afraid.
Her picture book, Stop and Stay Put: A SAFER Adventure Story, highlights that acronym. The accompanying CD helps imprint the book's key concepts on its readers and listeners. It is written as a "fun read" that children will return to over and over."



Many breeds of dogs are used in search work. Julot, Kaye's mission ready trailing dog is a Belgian Sheepdog. He has been training with Kaye and her team since he was ten weeks old and became certified to be deployed on search missions just before he was two years old. He has "found" over 150 different people during his training exercises which have included locating persons driving cars, persons wading upstream in water so deep he had to swim while scenting, working both "fresh" problems and problems up to six days old. He loves to dance. He tolerates being dangled from a helicopter.

Liver Treats

1 cup of whole wheat flour

1 cup of corn meal (or another cup of flour)

1/2 teaspoon of garlic powder, or a teaspoon of freshly chopped garlic (see note below)

1 pound of liver

Note—garlic can have toxic potential to dogs, but the low dose in this recipe is unlikely to cause any harm; you can always omit this ingredient if you prefer to.

Whiz the liver in a blender until it is smooth. Add the flour, cornmeal and garlic and mix until all the ingredients are combined.

Put the mixture into a greased baking tin and cook in the oven (350 degrees) for 15 to 20 minutes. A quick test to see if the liver is cooked—a skewer put into the center should come out clean.

When cool, cut into squares. You can freeze the squares and take one with you on a walk, breaking off small pieces as and when needed.

Agility Trial
Dixon
August 21-22,
2010

Obedience/ Rally Trial

Vallejo Fairgrounds Nov. 6, 2010

For more information on NVDTC trials, visit napadogtraining.org

Next General Membership Meeting: Monday, April 12, 2010 6:30 p.m. at the club • NO DOGS!

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Except for December., Board meetings, open to all interested members, are scheduled the fourth Monday of the month at 6:00 p.m.



Call 253-8666 to verify both date and location of meeting.



If you have articles, stories or events to share in the NVDTC Newsletter, please contact Sue Osborn: NewsletterEditor@napadogtraining.org

Deadline for newsletter submissions is the 20th of each month.

Napa Valley Dog Training Club P.O. Box 4097 Napa, CA 94558

ADDRESS CORRECTION REQUESTED

Agility Trial Chair: Mary Ash

Obedience and Rally Trial Chair: Mary Ash

Tracking: Debbie Crain

AOCNC: Gerry Glantz

Training: Teresa Russell

Building: Gerry Glantz

Office: Lynda Rhyno

Sunshine: Mary Joy Davis

Newsletter/Website: Sue Osborn

Membership: Linda Luchsinger

Publicity: Janet Davis

CGC: Jim Spiva