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Debbie Hilton, Building  
Marion Sigel, Publicity

**SUNSHINE:** Sandy Bonifield

**NEWSLETTER/WEBSITE:** Sue Osborn

**TRACKING CHAIR:** Stefanie Meinhardt

**AOCNC REPS:**

Mary Ash, Sue Osborn

**BUILDING USE COORDINATOR:**

Sue Osborn

*Past newsletters are at  
[nvdtc.org/newsletter](http://nvdtc.org/newsletter)*



Image by LaBruixa from Pixabay

January-February 2020

# HAPPY NEW YEAR!

## TATTLE TAILS NVDTC Newsletter

Napa Valley Dog Training Club • (707) 253-8666 • Clubhouse: 68 Coombs St., Bldg N  
Mailing Address: P.O. Box 4097, Napa CA • [www.napadogtraining.org](http://www.napadogtraining.org)

### 6 New Years Resolutions Your Dog Wishes You'd Make by [DogTime](#)

Forget going to the gym or learning Italian. This is the year to let your dog make your New Year's resolutions for you. After all, your pup's lifelong endeavor is to be your loving, loyal companion. The least you can do this year is bring an extra wag or two to their world.

Besides, your dog's resolutions will have you both feeling great, and the best part is, none involve spandex, spin classes, or low-fat butter.

Here are six New Year's resolutions that your dog really wants you to make.

#### I Resolve To Take Quality Walks

Chances are your pup never says no to a walk, even if it's the same old stroll up the block and back. But know that your dog craves new scents and sounds as much as you enjoy new scenery.

So mix up your weekday walks with new routes, unfamiliar trails, and uncharted side streets, and explore new neighborhoods and parks on the weekends.

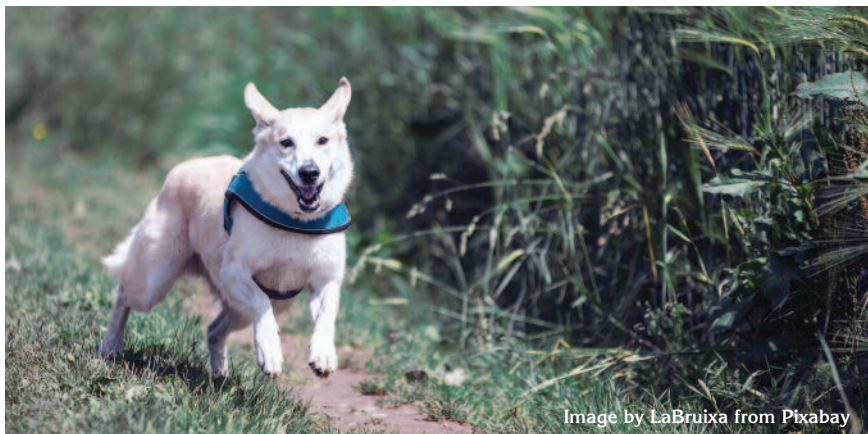


Image by LaBruixa from Pixabay

Better yet, research dog-friendly hiking spots in your area and venture somewhere new once a month.

#### I Resolve To Give Less Hugs & Play More Tug

Maybe you've noticed that squirmy, help-let-me-out wriggle your dog does during what you consider to be a loving embrace. Unlike us primates, dogs don't feel all too reassured and gooey inside after a nice long hug.

In fact, they'll most likely feel trapped—it's just a canine thing. A hearty round of tug-of-war, however, can be a huge stress reliever and a nice bit of exercise, as well.

***Note:** If you intend to make tug-of-war a permanent activity in your repertoire, "drop it" and "off" are important commands to know.*

#### I Resolve To Introduce New Toys Into The Mix

Remember, dog toys don't have to be store-bought new, just new to your pup—that is, something they haven't seen before, or at least in a very long time.

So, swap toys with a few different options so that every few weeks there's something new for Fido to chase, charge, or chew on.

#### I Resolve To Throw A Party

We're not necessarily talking about a fancy birthday bash or a bark mitzvah, though those are fun, too. A rendez-vous with a couple of your dog's favorite people—or at least people who adore your pooch—will do.

**continued on page 3**



# TATTLE TAILS

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*In Memory of*  
**Joy Kathleen Atchley Wood**  
1961 - 2020



With the loss of Joy, we lost a very dedicated member and trainer our club enjoyed for many years

Joy was a remarkable woman with tremendous spirit, curiosity, zest and a wicked sense of humor.

She was a born leader early in life, often taking on projects beyond her years.

Joy's often-deceptive stoic facial expressions could surprise you and her vast knowledge of football (Go Dolphins), advertising jingles, muscle cars, Labradors, song lyrics or ability to analyze and create something from nothing were remarkable.

If you needed a solid, go-to friend, someone to bounce off ideas, explore, dream, play, drink, fish, decorate a phenomenal Halloween pumpkin Joy was where to go.

Joy loved her dogs, her babies, and thoroughly enjoyed her years teaching, volunteering, and showing with Napa Valley Dog Training.

She rarely got mad and when life did not go the way she wanted or health issues held her back, she was bound and determined to not let anything get her down. Her optimism, curiosity and strength were unbelievable and she lived fully!

A celebration of Joy's life was held January 9th in the Tulocay Chapel followed with a reception in the Tulocay Reception Center.

Joy would wish in lieu of flowers a "Gift in Remembrance" to Colabria Care Hospice ([www.collabriacare.org](http://www.collabriacare.org)) or Queen of the Valley Cancer Center ([www.queensfoundation.org](http://www.queensfoundation.org))

Majority of above information adapted from Napa Valley Register Obituary

## AOCNC's February 9th Winter Workshop

This year's Associated Obedience Clubs of Northern California (AOCNC) All-Breed Obedience and Rally Workshop takes place on February 9, 2020 at the Cow Palace in Daly City.

The AOCNC annual Obedience/Rally Workshop is offered to all teams, beginning, intermediate, and advanced.

This is a great opportunity to proof your dog in a show like environment and receive input from our workshop judges as to how you and your dog are coming along with obedience and rally skills.

Deadline to enter is 6 PM Monday January 27, 2020, or earlier if ring limits are reached. Day-of-match entries will be accepted until 11 a.m.

Download a PDF of the flyer/entry from [aocnc.org/pdfs/2020\\_WinterWorkshopFlyer.pdf](http://aocnc.org/pdfs/2020_WinterWorkshopFlyer.pdf)

**Volunteers are also needed to work at this workshop. If you can help, please contact Sue Osborn at [sueann@napadogtraining.org](mailto:sueann@napadogtraining.org).**

Pictured are volunteers from a past AOCNC Winter Workshop.

Volunteers help by setting and taking down rings, checking in and keeping track of exhibitors, lay out items in utility rings, change jump heights, do leash runs, and stand in for figure 8 exercises.

Lunch is provided for all AOCNC volunteers.





## Canine Equivalent of Alzheimer's—Can You Spot the Signs?

Analysis by Dr. Karen Shaw Becker

As your dog ages, it's important to focus on making her senior and geriatric life stages as happy, healthy, and comfortable as her younger years.

About half of dogs over age 11 have signs of canine cognitive dysfunction (CCD), as do nearly 70% of those 15 and older.

Hallmark signs of CCD include decreased attention and purposeful activity, increased sleep, intermittent anxiety, and loss of training.

Feeding your older dog a nutritionally optimal, species-appropriate diet and beneficial supplements, and ensuring she gets adequate age-appropriate exercise, socialization, and mental stimulation will help her stay sharp and in good physical condition

It's also important to minimize all potential stressors in your older dog's lifestyle and environment, and schedule regular veterinary wellness exams

The preceding is just a synopsis of the analysis written by Dr. Karen Shaw Becker. To read the full analysis, visit [healthypets.mercola.com/](http://healthypets.mercola.com/).

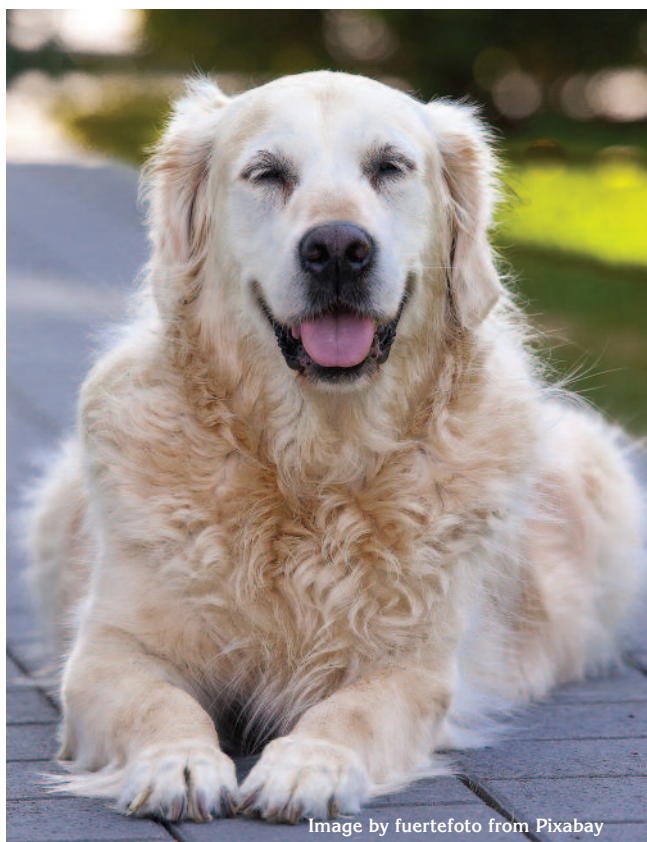


Image by fuerfoto from Pixabay

## 6 NEW YEAR'S RESOLUTIONS continued from page 1

Play a few of your dog's preferred games, or simply ask invitees to practice a few basic commands with them.

It's a chance for your dog to get praised, treated, and rewarded by someone else—great for socialization and a real boon to their confidence.

### I Resolve To Bond Outside The Home

Agility classes may just be the perfect combination of mental stimulation, physical activity, and most important, team building between you and your best friend. Most dogs and humans have a blast at these classes.

However, if weave poles and tire hoops seem too daunting, consider a Canine Good Citizen class—a program designed by the AKC and offered in cities across the country—to promote responsible ownership and well-mannered dogs.

You'll brush up on your training techniques while your dog gets a refresher course in good behavior.

### I Resolve To Keep My Dog Physically Fit

And truly, this is the only one that requires any willpower. We know that pleading puppy eyes are harder to resist than any French pastry or sloppy cheeseburger, especially when there's a stash of treats at hand.

But even though it seems like your dog is harnessing the world's entire supply of Cute Power to get you to surrender that big hunk of cheese, know that they really mean to say is this: "Please do everything you can to ensure that I'm healthy, mobile, and comfortable for a long, long time."

Grated carrots and a game of fetch, here we come!

What New Year's resolutions does your dog want you to make this year? Do you plan to make any changes for your pup?



Source: [dogtime.com/holiday/2411-dog-new-years-resolutions](http://dogtime.com/holiday/2411-dog-new-years-resolutions)

## 2020 Membership

The club's membership renewal application is now available online.

Hardcopies are at the clubhouse and the digital version is on our website under 'Membership.'

2020  
(2 Page)  
MEMBERSHIP  
APPLICATION IS  
ONLINE!  
*Renew today!*





## MARK YOUR CALENDAR FOR THESE UPCOMING EVENTS:

### AWARDS BANQUET

February, 2020

Plans are in the works for date and location for NVDTTC's annual awards banquet.

*Watch your email for details.*

### SCENT WORK TRIAL

April 18 and 19, 2020  
at Napa Valley PSI

(Napa Valley Products Services  
& Industries)

**We need your help!**

Contact [Linda Wargo](#)  
to volunteer.

### OPEN HOUSE

April 25, 2020  
at

Napa Valley  
Dog Training Club

**Celebrating the Club's 50th  
Anniversary!**

Committee for this event  
will be organized early 2020.

Questions? Ideas for special events  
and other activities for this milestone  
open house are welcomed.

Contact [Sue Osborn](#)

### Santa Christmas Photo Shoot

On November 16, 2019, a fun event was put on by the Napa Valley Dog Training Club: *Santa photos for member's and student's dogs*. An event well worth attending!

In appreciation of our students and members, all photos were free and provided electronically to each dog owner who showed up with their dog or dogs.

Thank you to Stefanie for pulling all the right strings for Santa to appear at our club for this event! Thank you to Linda Luchsinger, Linda Wargo, Donna Golemon, Sue Osborn and Stefanie Meinhardt for setting everything up, providing props and Christmas apparel for the dogs to wear and making sure everything ran smoothly.

A total of 23 dogs had their photos taken. Below are just some of those photos.

NVDTTC is looking at making this a repeat event in 2020. Be sure to join us!





## REGISTER ONLINE:

[nvdttc.org/registration.htm](http://nvdttc.org/registration.htm)

Session 2 online registration  
opens 01/01/20 & closes 02/19/20.

### Questions?

email [registration@nvdttc.org](mailto:registration@nvdttc.org)  
or call 707-253-8666

### CLASS FEES

for Puppy, Novice, GM, Ado, Agility, Rally,  
and Special Classes:

**\$125**

Seniors & Juniors: \$10 Discount  
Rescue: 1x \$10 Discount

### CLASS FEES

for Specialty Classes (i.e., Freestyle  
and Musical Rally Challenge):

**\$135**

No Discounts

**Classes less than 6 weeks are  
prorated for cost and vouchers.  
Please call the club for details.**

Puppy: 12 weeks to 5 months  
Adolescent: 6 months to 1 year  
Good Manners: 1 year+

Members can earn vouchers to  
offset the cost of classes.

Details:

[www.napadogtraining.org/vouchers.htm](http://www.napadogtraining.org/vouchers.htm)

You can receive discounts  
for taking multiple classes  
in the same session.

Details:

[nvdttc.org/pdfs/](http://nvdttc.org/pdfs/)

[NVDTC\\_FeesDiscountsVouchersAllowances.pdf](http://NVDTC_FeesDiscountsVouchersAllowances.pdf)

View Schedule of all 2020 Sessions at:

[nvdttc.org/pdfs/NVDTCTrainingSchedule2020.pdf](http://nvdttc.org/pdfs/NVDTCTrainingSchedule2020.pdf)



## 2020 Training Session 2

February 24 thru April 4, 2020

This session's classes run for 6 Weeks—unless noted otherwise.

### Monday

6:00pm Handler Discrimination – All Levels Donna (continued class)

### Tuesday

8:30 am Scent Work – Beginner & Intermediate Donna (continued class)

10:00 am Adolescent Dog Sandy

11:00 am Puppy Sandy

12:00 pm Adolescent Dog or Puppy (overflow) Sandy

2:00 pm Dogs Can Dance – Private Coaching Judy

4:30 pm Freestyle Class - Advanced Beginner & Intermediate Judy

5:30 pm Freestyle Drill Team Judy

6:30 pm Beyond Tricks – Become a Trick Performer

7:30pm Scent Work – Advanced Judy **NEW**

Donna (continued class)

### Wednesday

9:30 am Good Manners 1 Marlene

10:30 am Good Manners 2 Marlene

11:30am Canine Good Citizen Marlene **RETURNING**

5:00 pm Adolescent Dog (overflow) Marilane

6:00 pm Puppy Marilane

7:00 pm Adolescent Dog Lea / De

8:00 pm Puppy (overflow) Lea / De

### Thursday

10:30 am Rally – All Levels Mary (continued class)  
(2<sup>nd</sup> and 4<sup>th</sup> weeks of each month)

10:00 – 1:00 pm Capitol Canines – Performance Sport Training w/ Pat White Pat  
(1<sup>st</sup> and 3<sup>rd</sup> weeks of each month)

5:30 pm Rally – All Levels Mary (continued class)

7:00 pm Agility Foundation for Competition Stefanie (continued class)

### Friday

10:00 am Tricks – Beginner & Intermediate Kim **RETURNING**

11:00 am Adolescent Dog Kim

12:00 pm Good Manners 1 Kim

1:00 pm Small Dog – Good Manners Kim **RETURNING**

6:00 pm Good Manners 1 Sandy

7:00 pm Good Manners 2 Sandy

**Schedule  
subject  
to change**

01/13/20-sao

Unless noted otherwise, all sessions  
run 6 weeks, one time per week at the  
day & time shown for 50 minutes.

If there are other classes you are interested in,  
sign up on an interest list. Visit or call the NVDTTC  
office to have your name added.

Receive a \$10 discount for a regular six-week  
class if you are a senior (60 and over), a junior  
(10 to 17) or if your dog is a rescue. Discounts  
are prorated for shortened sessions.

**No discounts for specialty classes.**

**One discount per class.**

**A rescue discount can only be used once.**



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## SESSION 7 GRADUATES

Congratulations to all these new graduates and to all our other graduates from session seven, 2019.

Left to Right Top:  
Wednesday Puppy, Wednesday Ado, Friday GM2  
Left to Right Bottom:  
Wednesday Ado 2 Class, Tuesday Puppy,  
Tuesday Ado



## BRAGS



### Top Left: **Christy Rose**

Cosmo, AKA Soleil's Cosmic Connection to Zorro, TDN, SCN, SIN, SEN!!! Cosmo earned his 3rd leg in containers, interior and exterior, The titles are scent work containers novice, scent work interior novice, and scent work exterior novice.



### Top Right: **Chris Mayer**

Pepper with her ribbons. AKC scent work trial in Petaluma. Fun hanging out with dog folks. Thanks to Sonoma County Agility Club.



### Bottom Left: **Carol Coawette**

Pierre's first AKC scent work trial:

He qualified in interior and exterior and buried and containers. He took 2nd place in interior and 4th place in buried. Proud of him at only 1-1/2 years young.



### Bottom Right: **Carol Coawette**

At Jacques' first Advanced Scent Work Trial, he received his first leg in Containers and Exterior searches.

Tougher but off to a good start. Proud of him.

### **Brigette Gheno**

CH Maystar's Chatlotte Roo of Shonleh CD received a 194 and first place on her first leg in preferred novice.



# TATTLE TAILS

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December 9, 2019 General Meeting

## MINUTES (unapproved)

Past and present minutes are  
available online at:  
[napadogtraining.org/meeting/](http://napadogtraining.org/meeting/)



[www.nvdtc.org/meeting](http://www.nvdtc.org/meeting)



Puppy Love

### I. CALL TO ORDER

A. President Linda Luchsinger called the meeting to order at 6:40 PM. Tonight's meeting was followed by NVDTTC's annual Christmas potluck and gift exchange. Gifts were passed around in a circle according to story read by Donna.

B. Board members present: Sandy Bonifield, Carol Coawette, Maria Giaccio, Linda Luchsinger, Stefanie Meinhardt, and Sue Osborn.

### II. MINUTES—Sue Osborn

MSC to approve the November 11, 2019 general minutes with the following changes:

- A. Under III-E, remove the word "extension." published.
- B. Under V-A, change "St. Anthony's" to "St. Apollinaris's."

### III. TREASURER'S REPORT—Stefanie Meinhardt

- A. As of November 30th:
  - 1. Checking: \$44,752.96
  - 2. Savings: \$22,320.65
  - 3. Paypal: \$679.44
- B. Profit for year: \$718.25

### IV. BOARD, COMMITTEE & CHAIR REPORTS

#### A. PRESIDENT—Linda Luchsinger

Linda welcomed the two new board members, Debbie Hilton and Marion Sigel and invited others to be on the board. Debbie Hilton will take on building role.

#### B. VICE-PRESIDENT—Sandy Bonifield

No Report.

#### C. MEMBERSHIP—Carol Coawette

MSC to accept members Chelsea Murdock and Ben Brenner who own a five-month-old Shepherd Lab mix named Morty.

#### D. OFFICE—Sandy Bonifield



**WELCOME to new NVDTTC members  
Chelsea and Ben!**

Continued on page 8



## MINUTES from page 7

Sandy thanked Marilane for her help in the office. When people call in, they are being directed to sign up online.

### E. TRAINING

1. MSC to approve Marlene as a puppy instructor.
2. MSC to approve De Brilz, Carol Coawette, and Chris Mayer as scent work assistants.
3. MSC to approve Linda Wargo as an assistant for scent work and specialty classes.
4. MSC to approve Chris Mayer as an agility assistant.
5. Sue Osborn's submitted application to be an agility assistant needs to go through training committee before being submitted for Board approval.
6. Training committee agreed on option D for 2020 schedule, which consists of six 6-week sessions and two 2-week sessions allowing for more time off in the summer.
7. Sessions 1 and 2 have been finalized.
8. Next training meeting is scheduled for Feb 26, 2020 at the clubhouse: 6:00 pm for instructors/trainers, 6:30 pm for assistants.

### F. PUBLICITY

De Brilz has been approved as an additional administrator for NVDTC's Facebook page.

### G. BUILDING—Maria Giaccio

No report

### H. NEWSLETTER/WEBSITE—Sue Osborn

Deadline for January February newsletter is December 20th.

- I. AOCNC—Sue Osborn, Mary Ash, Joy Wood  
No report.

### V. OLD BUSINESS

#### A. Santa Photo Shoot - November 16, 2019

Sue Osborn thanked everyone who helped with this very fun club event. Stefanie's friend aka Santa Claus was awesome. There were a total of 23 dogs who had their photos taken with Santa.

#### B. Year End Awards

Linda Wargo is handling year end awards, application forms are online and available in the office. Return filled out forms to Linda.

#### C. Gerry Glantz Memorial Club Service Award

Stefanie Meinhardt is committee chair and passed out nomination forms at tonight's meeting. Forms are also online and available in the office. Return filled out forms to Stefanie.

#### D. Sue McGuire Workshop

1. Rescheduled to January 12, 2020 due to unforeseen circumstances.
2. Board agreed to give reimbursement to trainers and assistants now for money they already paid out for the Sue McGuire workshop originally scheduled for November 17, 2019.
3. Club members are eligible to receive \$10 off of workshop.

### VI NEW BUSINESS—Napa Humane Donations

The NVDTC dog club is a designated drop-off point for donations.

Respectively submitted by Sue Osborn, Secretary

**Accidentally stepped on my husband's foot:**

**"Sorry."**

**Accidentally stepped on my dog's paw:**

**"Oh my Goodness, I'm so SORRY!**

**Are you ok buddy? I'm SO, SO sorry.**

**I didn't mean to hurt you.**

**I LOVE you. You want a treat?**

**You're the best boy, yes you are."**

**fb/I Might Be Funny**



Image by Doris Metternich from Pixabay





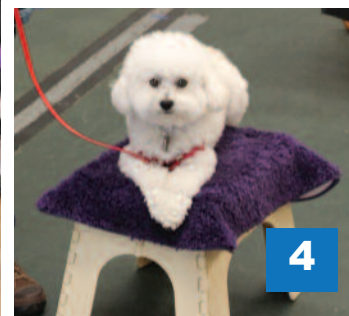
## LAPS Spring Training Class

Loving Animals Providing Smiles (LAPS) welcomes dogs, cats, rabbits, miniature horses and miniature donkeys into animal-assisted interventions. LAPS teams work with elementary aged children in schools and libraries, teens in juvenile hall, students on college campuses, patients in hospitals, and older adults in all levels of care.

Many LAPS members are also members of the NVDTC, and even more LAPS'ers regularly take training classes at our location. Skills learned in obedience, freestyle, agility and scent work classes are very useful in therapy sessions. The more versatile the team is—the more ways they can reach and help others.

The LAPS Spring Training Class runs 6-weeks, starting February 21 & 22, 2020. For those ready to work with clients and public venues, Team Evaluations will be held on March 29, 2020. Deadline for applications is the beginning of February.

If you want to learn more, please call our office at 707 / 265-6642. Applications can be found at: [www.lovinganimalsprovidingsmiles.org](http://www.lovinganimalsprovidingsmiles.org)



- 1) Gwen & Henry visiting with older adults in a memory care unit.
- 2) Hef getting some cuddles from Judy Gamet at a public event.
- 3) Linda and Hef demo'ing Scent Work as part of a school session focused on how 'Dogs Use Their Senses'.
- 4) Henry demo'ing 'Stool' - a piece of equipment all LAPS dog use.
- 5) Sue deMille and Bullet at the library.
- 6) Hef visiting with girl scouts.



# TATTLE TAILS

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## Misplaced, Lost, or Missed eMails from NVDTC?

Misplaced your email from NVDTC via MailChimp with link to newsletters?  
Missed that announcement about rattlesnake aversion or an upcoming presentation or workshop?

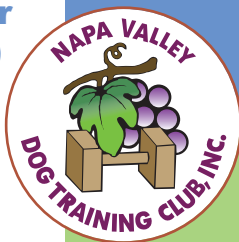
You can access past emails sent out from NVDTC via MailChimp by [CLICKING HERE](#) or by scanning the QR code below.



Submission deadline for the  
MARCH/APRIL 2020 newsletter  
is February 20, 2020.

Send to: [sueann@napadogtraining.org](mailto:sueann@napadogtraining.org)

**Scheduling of Board Meetings:**  
Board meetings are open to all members  
and are scheduled on the *FIRST* Monday  
of the month at 6:30 p.m.  
Call 253-8666 to verify both date  
and location of meeting. Minutes from board  
meetings are available at the club.



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**Next Meeting:**  
**January 13, 2020**  
**6:30 PM**

*Leave YOUR dog at home.*



Photo by Chuck Detzel

Sue Osborn's  
8-week-old Morgan—  
first hunting outing at  
Hasting Island's  
Hunting Preserve.

Do you have a special  
or cute dog picture  
you'd like to share?

If you send a photo of  
YOUR dog (ε name)  
to the newsletter edi-  
tor, he or she could  
appear in a future  
newsletter edition!

Email to:  
[sueann@  
napadog-  
training.org](mailto:sueann@napadog-training.org)



Visit NVDTC on the web for  
the latest news & photos:  
[www.napadogtraining.org](http://www.napadogtraining.org)

