



MISSION STATEMENT

To promote responsible pet ownership by offering classes for the community in dog obedience and handling; to educate our members about responsible ownership of dogs; to advocate for the protection and well-being of all dogs; and to adhere to the guidelines of the American Kennel Club in our activities

VISION

To provide dogs and their owners with the best possible training in an atmosphere of courtesy and respect



January-February 2023

Image by Rebecca Scholz from Pixabay

TATTLE TAILS

NVDTC Newsletter

Napa Valley Dog Training Club • (707) 253-8666 • Clubhouse: 68 Coombs St., Bldg N
Mailing Address: 68 Coombs #7, Napa CA 94559 • www.napadogtraining.org

Recent Club Events

Hall Winery Harvest Hounds Fundraiser

Napa Valley Dog Training Club was proud to be one of three organizations asked to support Napa Humane during the Hall Winery Harvest Hounds fundraiser event held on November 5, 2022. Many thanks to our volunteers; Jennifer, Linda, Debbie, and Sandy who donated their time on a Saturday to engage with the community and some of their canine companions about our training facility and the types of classes we offer.

Christmas Potluck & Gift Exchange

The club's December meeting was held on December 12th. This is always a great time to share special dishes with one another and to have fun coming up with a different and unique gift to be the one everyone wants (this year's gift exchange was once again the very popular "steal" game).



Christmas Photos

Many, many photos were taken on November 20th to come up with a final set of 30 unique photos, all of which were emailed to each participant who posed with their dogs or dogs posed on their own in front of a very wintry seasonal scene set up at the club. Go to page 2 for more details and to see some of the photos taken.



Check out all the photos on page 5 of many of NVDTC's Session 7 beginning class graduates! Graduating photos are also shared on NVDTC's facebook page. Visit www.facebook.com/NVDTC to check out graduation pics posted at the end of each session plus lots of other dog-related information posted by our dedicated facebook administrators!



BRAGS

Carol Coawette

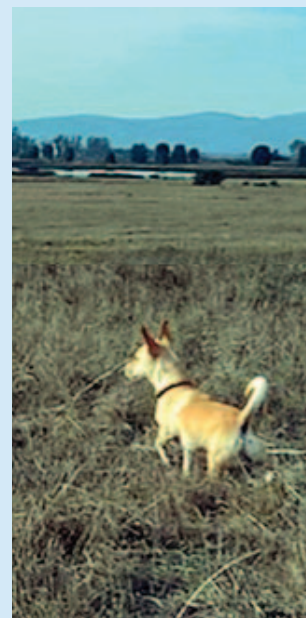


Pierre placed First in Master Handler Discrimination; Third place in Master Buried; and qualified in Master Exterior at the AKC Scent Work Trial on October 23, in Santa Rosa.

Then on November 13th in Lodi, Pierre took second place in Master Buried! Happy boy!

Roxann Gracia

Tanner continues his Nose Work journey! He continues to mature out of puppy stage and had a 6 month recess from searches. He's back on track and has his Advanced Exterior, Advanced Interior and Advanced Container titles. Only one more leg away from his over all Advanced title. Although not as outstanding as some of the rest of his colleges, he's doing his best. On November 5th he placed Second in Exterior and Third in Interior searches. The weekend at Guerneville he placed 6 times, (One first place, Two second places, One Third and Two Fourth Places). The last trial on December 11th, he placed first in Advanced Containers. 2023 holds new adventures!



Member & Student Christmas Photos

Thank you to Donna Golemon for initiating a great opportunity for students and members to bring their dog or dogs to the clubhouse on a Sunday afternoon in November for free Christmas photos.

Thank you to all the helpful elves: Donna Albini, Mary Ash, Marilane Bergfelt, and Debbie Hilton for organizing owners and dogs. thank you to Linda Wargo for providing the holiday backdrop. Thank you to Donna Golemon and Debbie Hilton for providing props. Thank you to Sue Osborn for taking the photos.

Photos as shown have been randomly selected from a total of all the photos taken! To see the rest of the photos, visit

nvdtc.org/pdfs/2022ChristmasShoot.pdf





2023 Training Session 2

February 27th through April 8th, 2023

All Standard Classes run for 6 weeks for \$125.00 unless noted otherwise.

Class payment & shot records due February 20th.

Registration for 2023 Session 2 classes is ONLY accepted between Jan. 23rd and Feb. 13th.

Except for specialty* & continuing classes, registration is by phone ONLY: **707-253-8666**

Monday (5 Weeks**)

(No class on March 13th)

9:00 am

Scent Work

Donna (continued class)

10:00 am

Scent Work

Donna (continued class)

11:00 am

Scent Work

Donna (continued class)

12:00 pm

Scent Work

Donna (continued class)

3:00 pm

Scent Work

Donna (continued class)

4:00 pm

Scent Work

Donna (continued class)

5:00 pm

Scent Work

Donna (continued class)

6:00 pm

Scent Work

Donna (continued class)

Thursday

10:30 am

Rally – All Levels

Mary

11:30 am

Rally – Overflow

Mary

5:00 pm

Rally - All Levels

Mary

6:00 pm

Rally - All Levels

Mary

Tuesday

10:00 am

Good Manners 1

Mary

11:00 am

Canine Good Citizen

Mary

Wednesday

9:00 am

Puppy

Carol

10:00 am

Adolescent Dog

Carol

11:00 am

Puppy

Sandy

12:00 Noon

Adolescent Dog

Sandy

5:00 pm

Puppy

Sandy

6:00 pm

Adolescent Dog

Sandy

SPECIALTY CLASSES***

from Judy Gamet www.dogscandance.com

Tuesday 3:30 pm Private Coaching – DCD

Tuesday 4:30 pm*
Musical Rally
Intermediate Freestyle**

Tuesday 5:30 pm*
Drill Team**

Tuesday 6:30 pm*
Training & Rehearsing
Your Freestyle Routine**

Tuesday 7:30 pm*
Success Beyond Luring**

Schedule subject to change.

Scan QR code for most current digital version of this schedule.



Puppy:
12 weeks to 5 1/2 months

Adolescent:
6 months to 1 year

Good Manners:
1 year+

Friday (3 Weeks*)

(3/3, 3/17 & 3/21)

1:00 pm

Confidence Building

Puppy

Vange

2:00 pm

Confidence Building Ado

Vange

3:00 pm

Confidence Building

Good Manners 1

Vange

Sunday (3 Weeks*)

(3/5, 3/19 & 4/2)

10:00 am

Strengthening the Basics

Vange

11:00 am

Mighty Mights

20 pounds or less at maturity

Vange

12:00 Noon

Delightful Distractions

Vange

MEMBERS RECEIVE ONE \$10 DISCOUNT PER CLASS

6 Weeks of Standard Classes:
\$125 (\$60 max in vouchers)

***3 Weeks of Standard Classes:**
\$65 (\$30 max in vouchers)

****5 Weeks of Standard Classes:**
\$105 (\$50 max in vouchers)

*****6 Weeks of Specialty Classes:**
\$135 (\$40 max in vouchers)



Ube

*A million times, I'll need you;
A million times I'll cry for you;
If love alone could have saved you;
We never would have said goodbye;*

*If all the world was mine to give;
I would give you it, and more;
To see you coming up the steps,
To hear your paws padding on the
floor;*

*To hear your woof, to see your smile;
To sit and watch you play a while;
To see Nickel at your side with your
collar in her mouth;
To be with you like yesterday;
To watch you hide your toy and then ask for help;
To rub your butt just the right way;
Would be my fondest wish today;*

*A heart of gold stopped
beating;
Four paws laid to rest;
Angels broke my heart to
prove to me; They only
take the best.*



Donna Golemon



Congratulations to our beginning class graduates* from 2022 Session Seven!

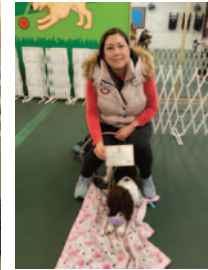
Wednesday Morning Adolescent



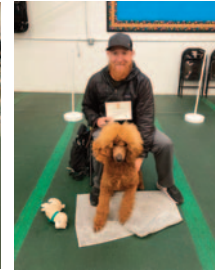
Jasper



Coco

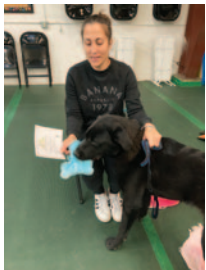


Ruby



Charlie

Wednesday Morning Puppy



Teal



Elsie



Lucy



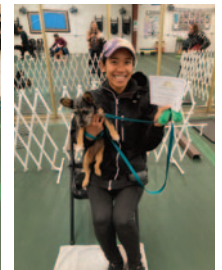
Jessie



Gunner



Faith



Kiko

Wednesday Night Puppy



Wednesday Night Adolescent



Wednesday Night Good Manners 1



Friday Night Good Manners 1



* Congratulations to everyone including those not shown.



www.nvdtc.org/meeting

December 12, 2022 General Meeting

MINUTES (unapproved)

Past and present minutes are available online at:
napadogtraining.org/meeting/

If the kindest souls were rewarded with the longest lives, dogs would outlive us all.



Image by Kirill Lyadvinsky from Pixabay

**2023
(2 Page)
MEMBERSHIP
APPLICATION IS
ONLINE!
*Renew today!***

2023 Membership

The club's membership renewal application is now available.

Deadline for dues is February 1st.

Hardcopies are at the clubhouse and the "members only" digital version is on our website under 'Membership.'

- I. The Meeting was called to order at 6:40PM by Interim President Mary Ash. Additional Board Members in attendance were Debbie Hilton, Lori Jackson, and David LeCount. Sue Osborn was absent.
- II. No additions or changes to the agenda were noted.
- III. Approval of the November General Meeting Minutes was passed with the correction of Saturday, Nov 20 changed to Sunday, Nov 20 as the Christmas Photo Shoot. (MSC)
- IV. Treasurer's Report-Lori Jackson
 - A. Business Checking Account: \$18,299.59
 - B. Business Savings Account: \$22,364.66
 - C. Certificate of Deposit: \$20,034.28
 - D. Umpqua Bank will now provide copies of NVDTC'S monthly cancelled checks free of charge.
- V. Board, Committee and Chair Reports
 - A. President-Mary Ash
No report
 - B. Membership/Vouchers-Lori Jackson
Michael Kaplan (who has a border collie) attended a meeting a few months ago, was voted in as a new member tonight. (MSC)
 - C. Office-Mary Ash
Registration for 2023 Session 1 closed last Friday, Dec 5. Not all classes filled. Monies and records are due tonight, Dec 12.
2023 Session 2 registration opens Jan 23, working on final stages of schedule .
 - E. Publicity
No report
 - F. Building-Debbie Hilton
2023 Pest Control Dates will be scheduled on Friday of the Break Week between sessions.
 - G. Newsletter/Website-Sue Osborn
Deadline for items to be submitted for the January/February newsletter is December 22.
 - H. Hospitality
 1. Annual Christmas Potluck/Gift Exchange tonight. A thank you was expressed to Marilane and Debbie for decorating the room.
 2. The January Hospitality will be hosted by Marilane and Debbie, also.
 - I. Sunshine-Debbie Hilton
No report
- VI. Old Business
 - A. Christmas Photo Event- A total of 30 photos taken. Good turnout! Recipients very pleased. Thank you to Donna Golemon for coming up with doing this. Thank you to volunteers Mary, Donna Albini, Marilane, Debbie and Sue. Thank you to Linda Wargo for the backdrop and Donna Golemon and Debbie Hilton for props.



Can Dogs Get Seasonal Affective Disorder?

From AKC Website

By Stephanie Gibeault, MSc, CPDT

For dogs and humans, winter brings the fun of snowball fights and sports like skijoring, but it also means fewer hours of daylight. And in people, that can lead to the winter blues or seasonal affective disorder (SAD), which is a type of depression with a seasonal pattern. Have you noticed your dog's behavior change during the winter months?

As dogs share similar moods and brain chemistry with humans, it's reasonable to think they might suffer from seasonal affective disorder, too. Read on to learn if the winter is getting your dog down and what you can do to prevent it.



However, there has yet to be a single study looking specifically

at seasonal affective disorder in dogs. Dr. Jerry Klein, Chief Veterinary Officer for the AKC, explains, "At this time, there is no scientific evidence that dogs get seasonal affective disorder (SAD) as described in humans, though dogs also have pineal glands in their brain. The pineal gland produces melatonin, a serotonin-derived hormone that modulates sleep patterns. In humans, some people produce higher amounts of melatonin than usual in winter months, so it may be conceivable that dogs have some changes in mood. But there is no way to objectively measure or diagnose this condition in dogs."

Dr. Klein also expects that if dogs do suffer from SAD, it would be more common in northern climates with shorter days. "In humans, SAD is described more for people living in northern parts of the world rather than sunnier, warmer climates," he says. "One would therefore think that dogs living in the far northern climates, such as the sled working dogs would be the most affected, but no known reports or study confirms this. Perhaps because they are physically active and mentally involved."

Do Dogs Experience Seasonal Affective Disorder?

In humans, it's thought that SAD results from the decreased amount of sunlight in the fall and winter. This can disrupt a person's internal clock, lower our levels of serotonin (a brain chemical that regulates mood), and

MINUTES from page 6

- B. 2022 Service Award nominations due to Sue Osborn by Jan 16. 2022 Year End Awards plaques and appropriate info due to Linda Wargo by Jan 6.
 - VII. New Business
Cleanup the Club/Work Party Day is currently scheduled for February 25. More details to follow.
 - VII. Brags
 - A. Donna Golemon's Border Collie, Nickel recently achieved scent work: Excellent Exterior (with high in trial), Excellent Interior and Excellent Overall.
 - B. Christy Rose's Boxer, Cosmo finished his Excellent Exterior Title with a first place in Guerneville. Also, got an Advanced Buried Title.
 - C. Mary Ash's Aussie, Cort passed all 4, including car search in NACSW Nosework I.
 - D. Alissa Azevedo shared that their family adopted Buddy (Regis) a Husky mix after fostering him for 9 months.
- Congratulations all around!
- IX. Meeting adjourned at 7PM followed by our Annual Potluck and Gift Exchange. Happy Holidays to Everyone!

Minutes submitted by,
Debbie Hilton

increase melatonin (a brain chemical released by the pineal gland that affects sleep). A study of sled dogs showed that the dogs' melatonin levels were higher in the winter than in the summer, so perhaps dogs are susceptible to SAD, too.

What Could Cause a Dog to Get the Winter Blues?

Although there has been a lack of extensive research in this area, a survey carried out in the United Kingdom by the People's Dispensary for Sick Animals found that many owners felt their pets become more depressed during the darker winter months. The dogs seemed to sleep more and were less active. Dr. Klein points out, "Like all surveys, it was subjective and relied on the owner's perceptions of their pets. So, it was anecdotal rather than scientific."

Of course, there are many explanations for the survey results. People could be projecting their own winter blues onto their pets. A recent study showed that dogs can recognize their owner's moods and distinguish between positive and negative emotions. So, if their owner is feeling down or experiencing SAD, it's not a stretch to imagine that could impact the dog's own emotional state. Or perhaps owners provide their pets with less mental stimulation and physical exercise in the winter.

It's hard to know if your dog is responding to your mood, reacting to your actions, or suffering

Continued on Page 9





Did you know, as a member, you can use the NVDTTC clubhouse?

Any NVDTTC member can schedule a time to practice when clubhouse is not in use.

Fee schedule based on 1 hour:

\$10 for 1 member	\$15 for 3 members;
\$10 for 2 members	\$20 for 4 members
	\$25 for 5 members

- 1) Vouchers can be used.
- 2) One member can invite up to 4 other members to join in for practice for a total of 5 for \$25.
- 3) This program is for "club members" only. There will be no private or group lessons for remuneration.
- 4) Do not use A-frame or Teeter for practice.
- 5) Building to be left in clean condition ready for next user.
- 6) Requests to use building need to be made far enough in advance to receive a response. If you do not receive confirmation you are booked, you do not have a reservation in place.
- 7) Members to give ample cancellation notice if unable to keep reservation.
- 8) To find available open times, first check current class schedule for days and times of classes. Second, go to the calendar page to view scheduled events or activities such as meetings, cleaning service, pest spraying, workshops, use by groups or use by other members. The building is available for use at all other times.
- 9) Finally, visit www.nvdttc.org/member-building-use for contact information to make arrangements.

What Do Dogs See When They Watch TV?



Can Dogs See TV?

Do Dogs Know That TV Isn't Real?

Why Do Some Dogs Watch TV and Others Don't?

What Kind of TV Shows Do Dogs Like?

Should You Leave the TV on for Your Dog?

All these questions may have come up in your mind. Find the answers in an article from PetMD by visiting: nvdttc.org/CanDogsSee_TV-PetMD.pdf or clicking on QR code above.

PROFESSIONAL DEVELOPMENT STIPENDS for Club Instructors and Assistants



NVDTTC encourages and supports professional development for club instructors and assistants to ensure quality instruction and the use of modern techniques in all classes offered by the club. To that end, NVDTTC will assist club instructors and assistants with expenses related to conferences, seminars, and/or advanced training, up to \$200.00 for calendar year for club instructors and up to \$100.00 per calendar year for assistants.

In order to receive a professional development stipend, instructors and assistants must

make a request to the board in writing via the president. Request forms are available on the NVDTTC website under "Resources" (at bottom of each page) titled "Instructor and Assistant Seminar reimbursement form." After downloading, the form is a fillable PDF and once filled out, can be printed for submittal.

The board will review and discuss the request at a regular meeting and notify the requestor whether or not the stipend has been approved. If approved, the treasurer will make the payment.



The AKC's Family Dog Magazine announces 44th Annual Photo Contest

Calling all photographers! Think your dog has that star quality? The AKC's Family Dog Magazine invites people to participate in the 44th Annual AKC Publications Photo Contest.

The contest is open now through February 8, 2023. Family Dog Magazine asks participants to enter and follow this



Image by Klein Trinh from Pixabay

year's theme, "Dogs in Action". Entries are judged based solely on creativity, quality, and originality. Submissions received via post must be postmarked by February 1 ,

2023 and received no later than February 8 , 2023.

Entries can also be emailed to photocontest@akc.org. One entry each can be submitted for Color and Black & White categories.

"There are already so many amazing entries and we look forward to receiving many more," said Mara Bovsun, Managing Editor of AKC Family Dog. "It's always a joy to see how participants interpret each year's theme."

Winners of the Family Dog Photo Contest will receive cash prizes with a First Place prize of \$500; Second Place of \$250; and one Third Place prize of \$150 and will be featured in a special section of Family Dog Magazine.

For more information including the address to send entries to and contest rules and regulations, visit

<https://www.akc.org/press-releases/akcs-family-dog-magazine-announces-44th-annual-photo-contest/>

Seasonal Affective Disorder continued from Page 7

from their own emotional problems. There could even be an underlying issue with their physical health. Therefore, Dr. Klein suggests you don't diagnose your dog with SAD on your own. "There is no scientific evidence that dogs suffer from seasonal affective disorder. If a dog seems lethargic or off their feed, it is best to have them checked by a veterinarian to make sure there is not an underlying medical issue."

Ways to Keep Your Dog Happy and Healthy in the Winter

It's important to provide for all your dog's physical and emotional needs all year long. For example, take daily walks, play games together, or provide puzzle toys that will challenge your dog's brain. Consider activities you can do inside on freezing cold days, such as scent work or a home-made agility course. Dr. Klein suggests, "Get outside with your dog and get some sunlight when possible. Find ways to stimulate your dog mentally as well as physically. And open the shades and get sunlight inside."

Although there are treatments for humans such as light therapy and vitamin D or omega-3 supplements, don't try these on your dog without your vet's say-so. In fact, vitamin D can be harmful. According to Dr. Klein, "A dog being fed a well-balanced diet already receives the proper minerals and vitamins needed and should not need any supplements or additives. In fact, giving excessive vitamin D can be toxic to dogs, potentially causing fatal kidney damage as well as other medical problems. Omega-3 fatty acids have been reported to increase cognitive function but should be given on the advice of a veterinarian."

The easiest way to keep your dog happy through the winter is to be the best owner you can be. And that goes for the summer too. As Dr. Klein says, "There is no scientific evidence that dogs suffer from seasonal affective disorder at this time. It is better to enrich our dogs' lives through good husbandry, proper, well-balanced nutrition, adequate exercise, and mental stimulation: not just during the winter months but all year long."

REMINDERS

Gerry Glantz Memorial Club Service Award

Any member is welcome to make a nomination to recognize those who have made significant contribution to the club in 2022. A member may nominate multiple people each year. Nominations must be given in writing and must include the contributions of the nominee.

Forms for nominating a member for the Gerry Glantz Memorial Club Service Award are online nvdtc.org/awards.htm and at the clubhouse.

Return completed form by **January 16, 2023** by leaving in the Past President's box in the NVDTDC office OR scanning and emailing to sue.osborn49@yahoo.com/.

Year End Awards

The club gives annual awards to recognize, support and encourage the competition activity of members, which is to be completed by end of the year.

Each year, active club members can apply for recognition by completing and submitting an award application form.

Forms are available <http://www.nvdtc.org/club-awards/> online and at the clubhouse and must be returned to Linda Wargo, 230 James Road, American Canyon, CA 94503 OR forms and plaques can be left at the club in a bag or envelope with Linda Wargo's name on it no later than **January 6, 2023**.

TATTLE TAILS

NVDTC Newsletter
January-February 2023



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Misplaced, Lost, or Missed eMails from NVDTC?

Misplaced your email from NVDTC via MailChimp with link to newsletters?
Missed that announcement about upcoming events, presentations or workshops?

You can access past emails sent out from NVDTC via MailChimp by [CLICKING HERE](#) or by scanning the QR code below.



Submission deadline for the
MARCH/APRIL 2023 newsletter
is February 22, 2023.

Send to: editor@nvdtc.org

Scheduling of Board Meetings:
Board meetings are open to all members and are scheduled on the *FOURTH* Tuesday of the month at 4:30 p.m.
Call 253-8666 to verify both date and location of meeting. Minutes from board meetings are available at the club.

Next Meeting:
January 9, 2023
6:30 PM at Clubhouse

Leave dogs at home.



Tanner, owned by Roxann, is hoping you received everything you wanted for Christmas and is wishing you a **HAPPY NEW YEAR!**

Do you have a special or cute dog picture you'd like to share?

If you send a photo of YOUR dog (ε name) to the newsletter editor, he or she could appear in a future newsletter edition!

Email to: editor@nvdtc.org



Visit NVDTC on the web for
the latest news & photos:
www.napadogtraining.org

