

## BBQ - September 13th at 6:30 p.m.

### Members and their family are invited.

Please join us for this year's annual barbecue! The club is hosting this event to celebrate all of our members!

The club will barbecue hamburgers and provide all the fixings. The club will also provide drinks.

Please bring a salad, appetizer or dessert. Also bring plates, silverware AND your appetite!



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#### Officers

#### **Board Members**

President: Mary Ash
Vice President: Sandy Bonifield
Treasurer: Lori Jackson
Secretary: Sup Ochorn

Secretary: Sue Osborn
Past President: Laura Ecklin

Janet Davis

Gerry Glantz

Lynda Rhyno

Monthly membership meetings are the second Monday of the month at the clubhouse.

Deadline for newsletter submissions is the 20th of each month.

Past Presedent: Pussed Ecklin | 226-2904 | lecklin@comcast.net



# TRAINING SESSION 5

**Subject to Change** 

To view the 2010 schedule on a full year calendar, visit the classes page on the napadogtraining.org website.

#### August 23 through October 8, 2010

Week off between sessions 4 & 5: Aug 16-20

| Monday     |                          |                   |
|------------|--------------------------|-------------------|
| 5:30 p.m.  | Conformation             | Michelle & Arlene |
|            | Tuesday                  |                   |
| 5:00 p.m.  | Good Manners 1           | Lea               |
| 6:00 p.m.  | Puppy                    | Lea               |
| 7:00 p.m.  | Puppy Star               | Laura &           |
| Mary       |                          |                   |
| 8:00 p.m.  | Good Manners 2           | Teresa            |
|            | Wednesday                |                   |
| 9:00 a.m.  | CGC                      | Marlene           |
| 10:00 a.m. | Good Manners 1           | Marlene           |
| 11:00 a.m. | Good Manners 2           | Marlene           |
| 6:00 p.m.  | <b>Advanced Agility</b>  | Katherine         |
| 7:00 p.m.  | <b>Beginning Agility</b> | Joy               |
| 8:00 p.m.  | Intro to Agility/Jumpers | Laura             |
|            | Thursday                 |                   |
| 10:00 a.m. | Rally                    | Mary              |
| 11:00 a.m. | Rally                    | Mary              |
| 6:00 p.m.  | Rally                    | Mary              |
| 7:00 p.m.  | Rally                    | Mary              |
|            | Friday                   |                   |
| 5:30 p.m.  | Advanced Obedience       | Teresa            |
| 6:30 p.m.  | Good Manners 1           | Teresa            |
| 7:30 p.m.  | Puppy                    | Lynda             |



SESSION 6 FOR 2010: October 18 — December 10

Class Fees (7-weeks):
Members\* & Non-Members \$115
Senior/Jr/Rescue: \$100

All sessions run 7 weeks, one time per week at the day & time shown for 50 minutes.

Please call the club at 707-253-8666 to check class availability and to register.

\*Members can earn vouchers to offset the cost of classes.

Details: www.napadogtraining.org/vouchers.htm

#### **Poochie Meat Cakes**

#### **Ingredients**

- 1 1/2 cups brown rice
- 3 cups water
- 2 large potatoes, grated
- 4 large carrots, grated
- 2 large celery stalks, chopped
- 6 pounds ground beef
- 8 eggs
- 1 dash salt
- 1/4 cup olive oil
- 1 1/2 cups regular rolled oats

#### **Directions**

Preheat oven to 400 degrees F (205 degrees C). Grease 36 cups of 3 large muffin tins.

In a medium saucepan, combine the rice with water. Bring to a boil over high heat, uncovered, and cook 10 minutes. Reduce heat to low, cover, and simmer 20 minutes. Remove from heat, let cool several minutes, then fluff with a fork and set aside.

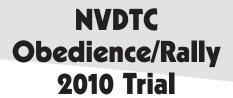
In a large bowl, combine the potatoes, carrots, celery, ground beef, and eggs. Mix ingredients together using your hands or a sturdy spoon. Add salt, olive oil, rolled oats, and rice; mix well.

Fill each muffin cup with some of the meat mixture, and pat down the to make it firm. Bake 45 minutes, or until surface feels set. Cool on a rack 10 minutes or longer.

Remove the meat cakes by turning the muffin tin upside down over a sheet of aluminum foil. Tap each muffin cup to release the cake. Refrigerate or freeze in sealed plastic bags. NOTE: Do not feed to dogs while still hot.

Yield 36 poochie cakes.

Source: Allrecipes.com



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November 6, 2010

**AM and PM trials** 

Solano County Fairgrounds Vallejo, California All AKC-Recognized Breeds
All American Dogs / Mixed Breeds

Closing date: October 20, 2010

#### **VOLUNTEER!**

Everyone's help is greatly appreciated!

Sign-up sheets for volunteers are now posted at the club.

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http://www.sanjosepetexpo.com

## August 9, 2010 NVDTC General Membership Meeting Minutes

#### I. CALL TO ORDER

- A. Mary Ash, President, called meeting to order at 6:35 p.m.
- B. Board members present: Mary Ash, Sandy Bonifield, Janet Davis, Lori Jackson, Sue Osborn, Lynda Rhyno, and Teresa Russell. Absent: Gerry Glantz.

#### II. MINUTES, Sue Osborn

M/S/C to accept minutes from the July 12, 2010 general meeting as published in the August newsletter.

#### III. TREASURER'S REPORT, Lori Jackson

- A. Chase Checking: \$10,161.78
- B. Napa Community Bank CD: \$11,628.34; \$4.64 interest to be posted October 29th.
- C. Chase Money Market: \$8,945.60
- D. Lori put together a report showing balances of exactly where money is being spent. The reports are posted for viewing on the board at the club.
- E. M/S/C to accept treasurer's report.

#### IV. BOARD REPORTS

#### A. PRESIDENT'S REPORT

- 1. New one-year lease, with an increase of \$139 per month, has been signed.
- 2. Insurance renewal, \$600 per year, has been sent in
- 3. The July 26th board meeting was dedicated to discussion of club finances. There is a lot of concern NVDTC will be in the red by the end of the year. To alleviate financial concerns, board voted to hold seven class sessions each six weeks long in 2011.

#### B. SPEAKERS AT MEETINGS, Sandy Bonifield

- 1. September is the barbecue.
- 2. Sandy is working on booking a police dog presentation for October.
- 3. December is the club's Christmas party.

#### C. NEWSLETTER/WEBSITE, Sue Osborn

Deadline for newsletter articles and information is the 20th of the month.

#### **D.OFFICE**, Lynda Rhyno

Session 5 schedule has been changed: CGC has been canceled and GM1 has been scheduled for 6:30 on Friday night.

#### E. TRAINING, Teresa Russell

A trainers meeting to set session six and sessions for 2011 is scheduled for Wednesday, August 18 at 6:30 p.m. at the clubhouse.

#### F. PUBLICITY, Janet Davis

- 1. Nothing new to report.
- 2. Let Janet know of any events where NVDTC is able to set up a table.

#### G.BUILDING, Gerry Glantz

- 1. Sandy Bonifield will talk to Bob Hanson about lights.
- 2. M/S/C for Democrats of Napa Valley to use clubhouse October 10th, 2010 at a cost of \$200. They will provide insurance and sign a rental agreement.

#### V. AOCNC, Gerry Glantz

Sue Osborn, alternate representative for AOCNC, asked for those interested in attending AOCNC's free September 26th seminar as a standby to let her know. Trainers have filled the three available openings.

#### VI. HOSPITALITY

Thank you to Dee McNeil and Christina Martin for tonight's goodies!

#### VII. SUNSHINE, Mary Joy Davis

Mary Joy Davis was the recipient of this month's sunshine. Mary thanked everyone for all the cards and flowers she received.

#### VIII. OLD BUSINESS

- A. Obedience/Rally Trial, Mary Ash, November 6, 2010
  - 1. A meeting for this year's trials will be held at 5:00 on August 18th at the clubhouse.
  - 2. Trial is coming along and is right on schedule.
  - 3. Vallejo and Napa premiums will be mailed out together as one.
- B. Agility Trial, Mary Ash, August 21–22, 2010 Ash
  - A beverage sign-up sheet was passed around to members. Beverages are for workers. Beverages are needed by Wednesday before the trial and can be put in the foyer. If you have any questions, contact Joy Wood.
  - 2. Anyone who signed up to work will be entered into a workers' raffle. Bring your own chair and

- sunscreen. Workers will be provided an umbrella at ringside. If you are working and have an extra canopy bring it if you can.
- 3. Joy Wood and Mary Ash are not going to be on the agility committee next year. If someone does not step up there will be no agility trial next year. Contact Mary as soon as possible if you are interested in taking on role.
- C. Nose Work Seminar, Mary Ash and Diane Parness
  - 1. Intro to Odor is scheduled for Saturday, September 25, 2010.
  - 2. There will be two level 2 seminars both on Saturday.
  - 3. Prerequisite is completion of level 1.
  - 4. There are four spaces left in the afternoon.
  - 5. So far there is a profit of \$500 from last seminar.
- D. Used Equipment Exchange Swap Meet, organized by Teresa Russell to be held after tonight's meeting.
- E. September 13th Barbecue, 6:30 at the Clubhouse
  - 1. Bobby Honsvick reminded everyone to bring a dish to share, plates and silverware.
  - 2. The club will provide drinks, hamburgers, buns, and condiments.
  - 3. No dogs.
  - 4. Vange will show the video of the NVDTC & VDTC dog dancing teams performing at the June 5th Auburn horse show.

#### IX. NEW BUSINESS

A survey asking members for input on dog fun events such as May Madness was published in the August newsletter. For the best possible dog fun events, everyone is encouraged to fill out survey and turn into Karen Jackson.

#### X. **NEW MEMBERS**—None.

**XI. BRAGS**—Mary Joy Davis, Dee McNeil, Linda Kennard, Barrie Gordon, and Mary Ash.

**XII. MEETING ADJOURNED** at 7:23 p.m. followed by the dog items swap meet.

Respectively submitted, Sue Osborn



Dogs instinctively know the exact moment their owners will wake up. Then they wake them 10 minutes sooner.

## For upcoming events go to nvdtc.org/events

Also check out www.infodog.com, www.nadac.com, www.k9wag.com, and www.k9cpe.com for additional details for listings shown below and for information on additional conformation shows, obedience and agility trials, tracking tests, field trials, etc.



Looking for some interesting online reading? Here are a couple of member-suggested articles:

#### Is Too Much Protein Harmful?

This article looks at the quality of protein and its affects. Read more:

http://www.dogfoodproject.com/index.php?page= protein\_myth

#### Where Do Pets Go When They Dream?

Researchers believe they know the answer. Read more:

http://www.businessweek.com/lifestyle/content/he althday/640298.html

Or visit **nvdtc.org/articles** for clickable links.

#### HERE IN THIS HOUSE

I will never know the loneliness that I hear in the cries of the other animals 'out there.'

I can sleep soundly, assured that when I wake my world will not have changed.

I will never know hunger, or the fear of not knowing if I will eat.
I will not shiver in the cold, or grow weary from the heat,
but rather, I will nap in the sun's warmth, and play in the rain's
coolness, and be allowed to smell all that can reach my nose.
My fur will shine, and never be dirty or matted.

#### HERE IN THIS HOUSE...

There will be an effort to communicate with me on my level.

I will be talked to and, even if I don't understand,
I can enjoy the warmth of the words spoken to me in kindness.
I will be given a name so that I may know who I am among many.

My name will be used in love and joy, and

I will relish the sound of it!

#### HERE IN THIS HOUSE...

I will never be a substitute for anything I am not.

I will never be used to improve peoples' images of themselves.

I will be loved because I am who I am, not someone's idea of who I should be.

I will never suffer for someone's anger, impatience, or stupidity. I will be taught all the things I need to know to be loved by all.

I will be praised for my successes, instead of punished too harshly for my mistakes.

If I do not learn my lessons well, they will look to my teacher for blame.

#### HERE IN THIS HOUSE...

I can trust arms that hold, hands that touch...
knowing that, no matter what they do, they do it for the good of me.
If I am injured or ill, I will be doctored.

If I am scared, I will be calmed. If I am sad, I will be cheered.

#### HERE IN THIS HOUSE...

No matter what I look like, I will be considered beautiful and known to be of value.

I will never be cast out because I am too old, too ill, too unruly, or not cute enough.

I will not be left behind because my humans moved - I will move with them.

If a new human baby joins my family, it will not 'replace' me, but instead will be one more human for me to love, and to love me.

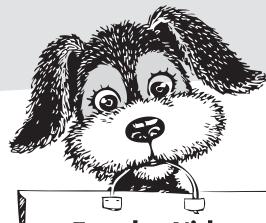
I will not be treated as disposable.

My life is a responsibility, and not an afterthought.

I will learn that humans can almost, sometimes, be as kind and as fair as other animals.

HERE IN THIS HOUSE...
I was RESCUED, because I was WANTED!
I will BELONG!
I will be home - FOREVER!
AND I WILL BE LOVED!

Anonymous



## For the Kids

How do you catch a runaway dog? Hide behind a tree and make a noise like a bone!

Why did the poor dog chase his own tail? He was trying to make both ends meet!

What is a dog's favorite food? Anything that is on your plate!

Why is it called a "litter" of puppies?
Because they mess up the whole house!

What is more amazing than a talking dog? A spelling bee!

Mt. Diablo Dog Training Club

Obedience "OC" & Rally "RC" Matches Sunday, October 17, 2010

Martinez Shoreline Regional Park Martinez, CA.

**Mixed Breeds Welcome!** 

Pre-entry only. Closes Monday, October 4, 2010

FLYER & REGISTRATION
AVAILABLE ON Mt. Diablo DTC
WEBSITE:
www.mddtc.org

## Starting an Exercise Routine with Your Dog

The obesity epidemic has officially gone to the dogs! The National Academy of Sciences reports that one out of every four dogs and cats in the western world is now overweight. Exercise can improve your dog's physical and mental health, but it is important to research the best exercise routine for you and your dog. The American Kennel Club (AKC®) offers the following workout tips for dog owners:

- Consider your dog's age, health, condition and current activity level. Check with a vet before beginning anything vigorous.
- Make sure to keep your dog on a leash at all times when you are exercising in public. You don't want your dog to get distracted by cars, people or other dogs.
- Letting your dog out in your backyard doesn't qualify as exercise; however, a good game of fetch may do the trick.
- When exercising your dog, try to keep it on a grassy or earth surface. A hot sidewalk or sharp gravel surface is hard on a dog's paws. Always remember to bring along clean water and a portable bowl so you can offer your dog a drink if needed.
- Stop exercising immediately if your dog begins to pant too rapidly. Dogs can suffer from heat stroke, so make sure your dog is not overexerting itself.
- Pay special attention to your dog's footpads and toenails. If there are any abrasions or cuts, stop exercising until they have completely
- When starting your dog on any exercise program, begin slowly to build up its endurance level; too vigorous a workout may cause
- Additional resources on responsible dog ownership can be found on the American Kennel Club Web site at www.akc.org.

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## 2011 Board of Directors Nominating Committee

A Nominating Committee consisting of Sue Osborn, Marlene Soldavini, and Vange Leonis has been formed. The Committee will present their slate of 2011 Board nominees to the membership at the September 13th general meeting.

The slate, as nominated by the nominating committee, will be published in the October newsletter. Additional nominations may be made at the October meeting by any member in attendance, provided the person so nominated does not decline. Election will occur at the

November general meeting. See bylaws for more in-depth details regarding nominations and elections of the NVDTC Board of Directors. Bylaws are posted online. Go to



# September General Meeting at the Club Monday, Sept. 13, 2010 6:30 p.m.



**Scheduling of Meetings** 

Except for December., Board meetings, open to all interested members, are scheduled the fourth Monday of the month at 6:00 p.m. Call 253-8666 to verify both date and location of meeting.

If you have articles, stories or events to share in the NVDTC Newsletter, please contact Sue Osborn: NewsletterEditor@napadogtraining.org

Deadline for newsletter submissions is the 20th of each month.

Napa Valley Dog Training Club P.O. Box 4097 Napa, CA 94558

**ADDRESS CORRECTION REQUESTED** 

Agility Trial Chair: Mary Ash

Obedience and Rally Trial Chair: Mary Ash

Tracking: Debbie Crain

AOCNC: Gerry Glantz

Training: Teresa Russell

**Building:** Gerry Glantz

Office: Lynda Rhyno

Sunshine: Mary Joy Davis

Newsletter/Website: Sue Osborn

Membership: Linda Luchsinger

**Publicity:** Janet Davis

CGC: Jim Spiva

This newsletter is also available online at napadogtraining.org